



High School Lunch Menu

Week of September 28 – October 2

Monday	 Spinach & Feta Pizza	 General Tso's Chicken w/ Rice Steamed Broccoli <i>Spicy Chicken Sandwich</i>	 Online Order Only Choose a Bread. Choose from various Meats & Cheeses. Customize it with Toppings and Sauces! <u>Served w/Deli Chips</u>	 Online Order Pick Up Ordering opens at 7am and closes at 2pm for the following days order. Example: Tuesday's order must be in by 2pm Monday.	 Side Salad Baby Carrots Broccoli Florets Fruit Cocktail Applesauce
Tuesday	White Pizza	Deep Dish Pizza Baked Beans <i>Bacon Cheeseburger</i>	Choose a Bread. Choose from various Meats & Cheeses. Customize it with Toppings and Sauces! <u>Served w/Deli Chips</u>	Online Order Pick Up	Side Salad Broccoli Florets Red Pepper Strips Diced Pears Applesauce
Wednesday	White Pizza	Nachos Grande Corn <i>Spicy Chicken Sandwich</i>	Choose a Bread. Choose from various Meats & Cheeses. Customize it with Toppings and Sauces! <u>Served w/Deli Chips</u>	Online Order Pick Up	Side Salad Baby Carrots Cucumbers Strawberries Applesauce
Thursday	White Pizza	Boneless Wings Cauliflower <i>Grilled Chicken Sandwich</i>	Choose a Bread. Choose from various Meats & Cheeses. Customize it with Toppings and Sauces! <u>Served w/Deli Chips</u>	Online Order Pick Up	Side Salad Celery Sticks Grape Tomatoes Apple Slices Applesauce
Friday	Spinach & Feta Pizza	Pasta Bar Sliced Carrots <i>Hot Dog</i>	Choose a Bread. Choose from various Meats & Cheeses. Customize it with Toppings and Sauces! <u>Served w/Deli Chips</u>	Online Order Pick Up	Side Salad Baby Carrots Cucumbers Diced Pears Applesauce
Available Daily	Cheese & Pepperoni	Burgers Chicken Sandwiches Chicken Nuggets/ Breadstick	MTO Deli MTO Panini MTO Grilled Cheese MTO Salad	Fat-Free and 1% white milk as well as Fat-Free flavored milk choices available daily!	Apples Oranges Bananas

Additionally Served:

- Yogurt Parfaits
- Pudding Parfaits
- Wraps
- Sandwiches
- Premium Salads
- Pita/Veggie/Humus Kit

This institution is an equal opportunity provider.



This year, there is such a thing as **FREE LUNCH** FOR ALL STUDENTS #eatwellk12

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High School Lunch Menu

Week of October 5 – October 9

Monday	 White Pizza	 Chili Bread Bowl Sliced Carrots <i>Spicy Chicken Sandwich</i>	 Online Order Only Choose a Bread. Choose from various Meats & Cheeses. Customize it with Toppings and Sauces! <u>Served w/Deli Chips</u>	 Online Order Pick Up Ordering opens at 7am and closes at 2pm for the following days order. Example: Tuesday's order must be in by 2pm Monday.	 Fruits & Veggies Side Salad Baby Carrots Broccoli Florets Fruit Cocktail Applesauce
Tuesday	White Pizza	Pepperoni Roll Steamed Broccoli <i>Bacon Cheeseburger</i>	Choose a Bread. Choose from various Meats & Cheeses. Customize it with Toppings and Sauces! <u>Served w/Deli Chips</u>	Online Order Pick Up	Side Salad Broccoli Florets Red Pepper Strips Diced Pears Applesauce
Wednesday	White Pizza	Nachos Grande Corn <i>Spicy Chicken Sandwich</i>	Choose a Bread. Choose from various Meats & Cheeses. Customize it with Toppings and Sauces! <u>Served w/Deli Chips</u>	Online Order Pick Up	Side Salad Baby Carrots Cucumbers Strawberries Applesauce
Thursday	White Pizza	Pretzel Nuggets w/ Cheese Baked Beans <i>Grilled Chicken Sandwich</i>	Choose a Bread. Choose from various Meats & Cheeses. Customize it with Toppings and Sauces! <u>Served w/Deli Chips</u>	Online Order Pick Up	Side Salad Celery Sticks Grape Tomatoes Apple Slices Applesauce
Friday	White Pizza	Pasta Bar Green Peas <i>Hot Dog</i>	Choose a Bread. Choose from various Meats & Cheeses. Customize it with Toppings and Sauces! <u>Served w/Deli Chips</u>	Online Order Pick Up	Side Salad Baby Carrots Cucumbers Diced Pears Applesauce
Available Daily	Cheese & Pepperoni	Burgers Chicken Sandwiches Chicken Nuggets/ Breadstick	MTO Deli MTO Panini MTO Grilled Cheese MTO Salad	Fat-Free and 1% white milk as well as Fat-Free flavored milk choices available daily!	Apples Oranges Bananas

Additionally Served:

- | | |
|------------------|-----------------------|
| Yogurt Parfaits | Sandwiches |
| Pudding Parfaits | Premium Salads |
| Wraps | Pita/Veggie/Humus Kit |



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High School Lunch Menu

Week of October 19 – 23

Monday	 Meat Lover's Pizza	 Fish Wedge Sandwich Green Peas <i>Spicy Chicken Sandwich</i>	 <i>Online Order Only</i> Choose a Bread. Choose from various Meats & Cheeses. Customize it with Toppings and Sauces! <u>Served w/Deli Chips</u>	 Online Order Pick Up Ordering opens at 7am and closes at 2pm for the following days order. Example: Tuesday's order must be in by 2pm Monday.	 Side Salad Baby Carrots Broccoli Florets Fruit Cocktail Applesauce
Tuesday	White Pizza	Pepperoni Roll Sliced Carrots <i>Bacon Cheeseburger</i>	Choose a Bread. Choose from various Meats & Cheeses. Customize it with Toppings and Sauces! <u>Served w/Deli Chips</u>	Online Order Pick Up	Side Salad Broccoli Florets Red Pepper Strips Diced Pears Applesauce
Wednesday	White Pizza Apple Crunch Day 	Nachos Grande Corn  <i>Spicy Chicken Sandwich</i>	Choose a Bread. Choose from various Meats & Cheeses. Customize it with Toppings and Sauces! <u>Served w/Deli Chips</u>	Online Order Pick Up 	Side Salad Baby Carrots Cucumbers Strawberries Applesauce
Thursday	<h1>No School</h1>				
Friday	<h1>No School</h1>				
Available Daily	Cheese & Pepperoni	Burgers Chicken Sandwiches Chicken Nuggets/ Breadstick	MTO Deli MTO Panini MTO Grilled Cheese MTO Salad	Fat-Free and 1% white milk as well as Fat-Free flavored milk choices available daily!	Apples Oranges Bananas

Additionally Served:

- Yogurt Parfaits
- Pudding Parfaits
- Wraps
- Sandwiches
- Premium Salads
- Pita/Veggie/Humus Kit

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High School Lunch Menu

Week of October 26 – 30

Monday					
	Bacon Pizza	Pretzel Nuggets w/ Cheese Green Beans <i>Spicy Chicken Sandwich</i>	Choose a Bread. Choose from various Meats & Cheeses. Customize it with Toppings and Sauces! <u>Served w/Deli Chips</u>	Online Order Pick Up Ordering opens at 7am and closes at 2pm for the following days order. Example: Tuesday's order must be in by 2pm Monday.	Side Salad Baby Carrots Broccoli Florets Fruit Cocktail Applesauce
	White Pizza	Meat Lover's Pepperoni Roll Black Beans <i>Bacon Cheeseburger</i>	Choose a Bread. Choose from various Meats & Cheeses. Customize it with Toppings and Sauces! <u>Served w/Deli Chips</u>	Online Order Pick Up	Side Salad Broccoli Florets Red Pepper Strips Diced Pears Applesauce
	White Pizza	Nachos Grande Corn <i>Spicy Chicken Sandwich</i>	Choose a Bread. Choose from various Meats & Cheeses. Customize it with Toppings and Sauces! <u>Served w/Deli Chips</u>	Online Order Pick Up	Side Salad Baby Carrots Cucumbers Strawberries Applesauce
	White Pizza	Chicken & Gravy Over Biscuit Sliced Carrots <i>Grilled Chicken Sandwich</i>	Choose a Bread. Choose from various Meats & Cheeses. Customize it with Toppings and Sauces! <u>Served w/Deli Chips</u>	Online Order Pick Up	Side Salad Celery Sticks Grape Tomatoes Apple Slices Applesauce
Friday	Bacon Pizza	Pasta Bar Steamed Broccoli <i>Hot Dog</i>	Choose a Bread. Choose from various Meats & Cheeses. Customize it with Toppings and Sauces! <u>Served w/Deli Chips</u>	Online Order Pick Up	Side Salad Baby Carrots Cucumbers Diced Pears Applesauce
Available Daily	Cheese & Pepperoni	Burgers Chicken Sandwiches Chicken Nuggets/ Breadstick	MTO Deli MTO Panini MTO Grilled Cheese MTO Salad	Fat-Free and 1% white milk as well as Fat-Free flavored milk choices available daily!	Apples Oranges Bananas

Additionally Served:

- Yogurt Parfaits
- Pudding Parfaits
- Wraps
- Sandwiches
- Premium Salads
- Pita/Veggie/Humus Kit

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